INDOCANADA PROFESSIONALS

NEWCOMER'S GUIDE

CHAPTER 11



WINTER CLOTHING FOR NEWCOMERS IN CANADA



IndoCanada Professional Network is a registered non-profit organization dedicated to supporting immigrants from India in Canada.

It offers a robust platform for networking, encouraging members to connect with new individuals and expand their professional networks through various community events.

This inclusive environment fosters professional mentoring, providing specialized support for Internationally Educated Professionals to enhance their employment opportunities and career advancement.

Additionally, the network organizes educational workshops that cover a broad range of subjects pertinent to employment, education, taxes, and everyday life in Canada, equipping members with essential knowledge and skills for successful integration and growth.

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WINTER CLOTHING FOR NEWCOMERS IN CANADA

An important aspect of shifting to Canada that is not talked about a lot is choosing the right winter clothing. The winter clothes that you wear in India would not suffice in Canada's sub-zero freezing temperatures. The average temperatures in Canada can vary across different provinces and you need to be prepared for it.



In provinces such as Alberta, Saskatchewan, and Manitoba the average daily temperature can be anywhere between -15 degrees C and as low as -40 degrees C. British Columbia, on the other hand, enjoys a relatively mild and rainy winter where the temperature rarely drops below the freezing point.

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WINTER CLOTHING TO HELP YOU STAY WARM IN CANADA

- **A good winter jacket**

You need to have at least one good quality winter jacket as a newcomer in Canada. There are different types of jackets like – down jackets, active wear jackets, and synthetic jackets. Choose one as per your requirements and the temperature of the province that you are staying in.

- **Winter boots**

To navigate through the snow, your normal sneakers will not be helpful. As a newcomer, you need to invest in premium quality winter boots to sail through Canada winters. They provide the right grip to walk through snowy paths and also keep your feet warm and snug. Make sure that the boots you choose are waterproof.

- **Gloves and scarf**

You cannot survive without gloves and scarf in the harsh Canadian winters. When temperatures go below sub-zero, you need insulated gloves to keep your hands warm when you are outdoors. A scarf or muffler will keep your neck warm and will prevent you from catching cold. These might seem to be small items, but they come in really handy.





- **Winter hat**

You have taken care of your body and feet with jacket, gloves, and boots! But what about your head? You need to keep it warm too, and for that you need a good quality winter cap or beanie. Knitted ones are the best as they provide maximum warmth and are comfortable for long wear as well.

DRESS IN LAYERS

To keep the cold away, it would be best if you dress in layers in Canada. The base layer needs to be good quality thermals. These will trap the body heat and will keep you warm. The middle layer can be your normal clothing like t-shirts, blouses, hoodies, flannel shirts etc. The third and final layer needs to be as per the outside temperature. During fall you can make do with a denim jacket or a stylish leather jacket. But in peak winter, you would need insulated overcoats and puffer jackets to protect you from the cold winds.

It would be best if you buy winter clothing for Canada in Canada itself. You can make use of the festive deals and online discounts especially during Black Friday to get amazing pieces at great prices.

SOME OF THE BEST WINTER WEAR BRANDS IN CANADA ARE:-

- Roots
- Pajar Canada
- Mackage
- Sorel
- Nobis
- Moose Knuckles
- Canada Goose





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